



October 4, 2020

Part 4: Alleviating Anxiety in My Mind, #2

Philippians 4:10-13 I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

The One Thing:

Contentment Is Rooted in

_____, not _____.

Hebrews 13:5 Keep your lives free from the love of money and be content with what you have, because God has said, “Never will I leave you; never will I forsake you.”

Five Truths About Contentment:

1. Every Part of My World Would _____ if I Learn Contentment.

2. Contentment Starts with _____ How
_____ You Really Are in _____ World.

Philippians 4:11-12 I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

3. Contentment is Honest About My Tendency to _____
_____ When It Comes to _____.

Philippians 4:11-13 I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

4. Contentment Puts _____ and _____
in Perspective.

Philippians 4:11-12

5. Contentment is Possible and Probable Because Jesus Offers Both
_____ and _____.

Philippians 4:13 I can do all this through him who gives me strength.